What is Permasoft?
Permasoft Soft Denture Lining is a semi-permanent solution for improving the fit and hold of loose dentures. Each application of Permasoft lasts for up to 3 months to give you complete denture comfort and confidence. Being a soft material, Permasoft constantly adapts to the shape of your gums to give the most secure fit especially while eating and talking. Permasoft is ideal for sore gums that cannot stand a hard plastic denture and for helping to reduce irritation and sore spots caused by rubbing.

Permasoft allows you to wear, clean and remove your dentures as normal without the need for messy and time consuming daily fixatives.

- Permasoft makes a perfect impression
- Permasoft gives perfect fit and suction
- Permasoft is easy to apply
- Permasoft lasts and lasts
- Permasoft is hygienic and safe
- Permasoft is completely free from zinc.

How is Permasoft applied?
Simply mix the enclosed powder and liquid in the dish provided using the spatula to spread the mixture over the entire fitting surface. You will need to fit the denture into your mouth by gently closing your mouth into your normal bite position and holding for at least two minutes.

To replace Permasoft Soft Denture Lining place the denture in very hot (not boiling) water and gently pull away material.

For further information visit
www.permasoft.co.uk
or call our customer enquiry service on
01256 772742

Permasoft is a registered trademark of
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We know more than most that getting and wearing dentures can be a worrying and stressful time and that many people are concerned about them being unsightly, uncomfortable or even falling out while they are eating or talking. We also know that this need not be the case. Modern dentures are made to look more natural than ever and are made especially to fit your mouth; dentures can have a positive effect on your life and Permasoft Soft Denture Lining is an effective tool to keep them fitting better for longer.

Do I need to use a denture fixative?

Dentures that have been well fitted should not require a fixative/adhesive to hold them in place as a correct fit should provide sufficient hold and suction without the need for help. However, if your jawbone has shrunk your denture may become loose or uncomfortable, Permasoft is an effective way to help improve their fit and hold them in place securely to help boost your confidence.

If your denture has become loose or ill-fitting over time you should visit your dentist for advice as your dentures may need adjusting or replacing to more effectively improve their fit and comfort.

What causes loose dentures?

One of the main reasons that dentures become loose is that the bones in our jaws shrink as we get older and where dentures have been made to fit a younger jaw the effects can be a loosening and a loss of hold.

If you have had your dentures for some time, then they might become loose just through wear and tear. Denture plates may become slightly damaged or cracked over time, leading to the dentures becoming loose. If the damage is only minor, then the dentures can probably just be realigned to be as good as new.

On rare occasions, dentures can be loose right from the moment you get them. It can take a few weeks or even a couple of months for new dentures to settle into position, so don’t be too worried if they don’t feel totally comfortable and secure from day one, but if they are still rubbing the inside of your mouth or coming loose while eating and speaking after a few weeks, then it is a good idea to return to the dentist who gave you the initial consultation to see if they can spot any problems. They say it takes about a week for every decade of your life to adjust to new dentures.

Loose dentures can cause a range of health problems, including sores and infections, not to mention discomfort and embarrassment. A loose or badly fitting denture can also make daily activities like eating and talking more difficult!

None of these unpleasant side effects fit in with any lifestyle and while most dentures will eventually need to be re-lined or re-made by your dentist denture fixatives and re-liners can be used to ease discomfort and help dentures to feel as secure and comfortable as possible for longer.

How long will my dentures last?

As long as you treat your dentures well, they should last several years. However, your dentures will need to be relined or re-made because of normal wear or a change in the shape of your mouth. It is important to replace worn or badly fitting dentures before they cause problems. Some people prefer to use a denture fixative during the time between first noticing a slight change of fit and having to have the denture adjusted; Permasoft is the perfect solution for improving fit and confidence between refits.

Do I need to do anything special to care for my mouth and dentures?

Even with full dentures, you still need to take good care of your mouth. Every morning and evening, brush your gums, tongue and the roof of your mouth with a soft brush. This removes plaque and helps the blood circulation in your mouth.

If you wear partial dentures, it is even more important that you brush your teeth thoroughly every day. This will help stop tooth decay and gum disease that can lead to you losing more of your teeth. Your dentist may refer you to the hygienist to have your remaining natural teeth cleaned regularly.

When cleaning your dentures the general rule is: brush, soak, brush. Always clean your dentures over a bowl of water or a folded towel in case you drop them. Brush your dentures before soaking, to help remove any food debris. (It is recommended that you soak your dentures in water overnight once Permasoft has been applied.) Then brush the dentures again, as you would your own teeth, being careful not to scrub too hard as this may cause grooves in the surface. Most dentists advise using toothpaste and a small to medium-headed toothbrush. Make sure you clean all the surfaces of the dentures, including the surface which touches your gums.

Providing that you stick to a strict cleaning and hygiene regime applying Permasoft will not increase your risk of infection and further tooth or gum decay.